



Science Fact – Not Science Fiction



PBM Therapy Clinic - NovoTHOR® Whole Body PBM Therapy Bed Pod

PBM Therapy Clinic Covid-19 Opening

The safety of both our patients and staff is of paramount importance so with this in mind there will be some changes implemented in how the PBM Therapy clinic works: If either of these apply please reschedule your appointment as they could be COVID-19 related. You have :

A) fever equal or above 37.8°C and at least one of

- Persistent cough/hoarseness
- Nasal discharge/congestion
- Shortness of breath
- Sore throat/wheezing/sneezing

B) Exposure to anyone with or suspected of having COVID-19 in the last 14 days

1. You will be reminded to think about the symptoms each time you come to the clinic
2. Leave as many accessory items you can at home or safely locked away from view in the car e.g. jewellery, watches, phones etc. The less you have on, the less chance of contamination.
3. We will ask you to wait in your car until your appointment is due (please ensure you have your mobile with you and switched on - if you do not have a mobile phone we will wave you in from the front door). If you have not come by car then you can wait in reception but social distancing will be observed as we have reduced the numbers of chairs available.
4. One friend or family member is allowed to accompany you if you need them - you will both need to go into the NovoTHOR room. Anyone else will be asked to wait in the car.
5. Efforts will be made to reduce the number of patients in the clinic at any one time however please be prepared to observe social distancing.
6. On entering the clinic sanitising gel will be available - Please use
7. Where possible doors will be left open to minimise contact.
8. If your symptoms mean a physical examination is required, your clinician will minimise contact time and follow appropriate procedures. Please note: You will not usually need to get changed however stretchy, comfy clothing is advised.
9. Some examinations cannot be carried out whilst socially distancing and if these are necessary your verbal consent to proceed will be sought.
10. Nitrile gloves will not be used as research shows this is not as hygienic as hand washing and sanitising gel.
11. Your clinician will wear a face mask.
12. For your protection the NovoTHOR is sanitised after each use and the room has air conditioning that exchanges the air within it.
13. Whenever possible we will ask you to pay for our services by contactless payment. For larger amounts we can accept BACS payment. If you wish to pay by credit card then we will ask you to use hand sanitiser before use.
14. Should you have any concerns then please mention them to a member of staff or email them to enquiries@pbmtherapyclinic.co.uk

I understand this document - Doc PBM_Covid_19_opening and I am happy with all the precautions for my safety that the PBM Therapy Clinic are taking. This consent applies to my future visits at the clinic while Covid-19 is an issue

Signed: Date:

 01332 224829

 www.pbmtherapyclinic.co.uk

 info@pbmtherapyclinic.co.uk

 1 Wentworth House Vernon Gate Derby DE1 1UR